

List of Values

(taken from *Dare to Lead*, Dr. Brené Brown, p. 188)

Accountability	Ethics	Justice
Achievement	Excellence	Kindness
Adaptability	Fairness	Knowledge
Adventure	Faith	Leadership
Altruism	Family	Learning
Authenticity	Financial stability	Legacy
Balance	Forgiveness	Leisure
Beauty	Freedom	Love
Being the best	Friendship	Loyalty
Belonging	Fun	Making a difference
Career	Future generations	Nature
Caring	Generosity	Openness
Collaboration	Giving back	Optimism
Commitment	Grace	Order
Community	Gratitude	Parenting
Compassion	Growth	Patience
Competence	Harmony	Patriotism
Confidence	Health	Peace
Connection	Home	Perseverance
Contentment	Honesty	Personal fulfillment
Contribution	Hope	Power
Cooperation	Humility	Pride
Courage	Humor	Recognition
Creativity	Inclusion	Reliability
Curiosity	Independence	Resourcefulness
Dignity	Initiative	Respect
Diversity	Integrity	Responsibility
Environment	Intuition	Risk taking
Efficiency	Job security	Safety
Equality	Joy	Security

Self-discipline
Self-expression
Self-respect
Serenity
Service
Simplicity
Spirituality
Sportsmanship
Stewardship
Success
Teamwork

Thrift
Time
Tradition
Travel
Trust
Truth
Understanding
Uniqueness
Usefulness
Vision
Vulnerability

Wealth
Well-being
Wholeheartedness
Wisdom
